

# Q&A

From red-carpet style to creating a flawless complexion, our panel of experts are here to help

## Hair and beauty

Meet the experts



Jane Mather  
Make-up artist and  
image consultant



Shahida Rashid  
Hair stylist and  
make-up artist



Toni Todd  
Hair and  
make-up artist

### HOLLYWOOD GLAMOUR

**Q** What are the hero hair products you turn to for a glamorous Old-Hollywood look?

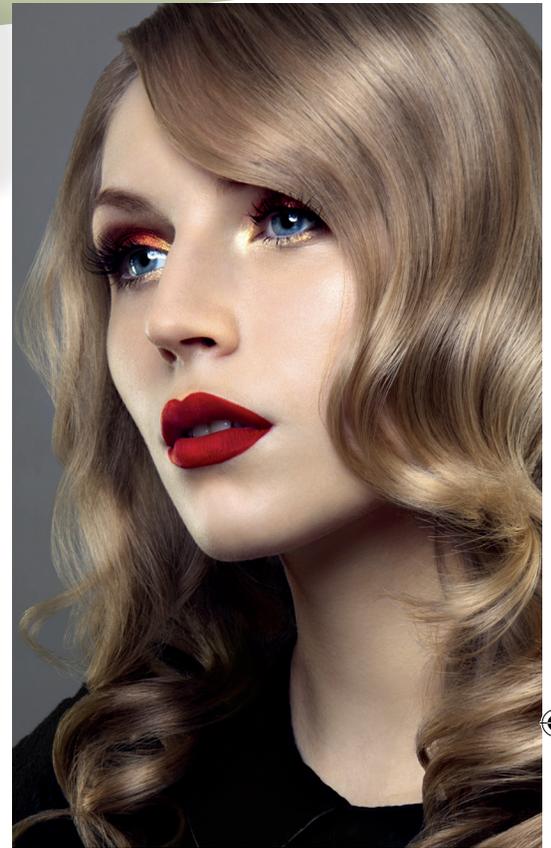
**A** *Toni says:* To create a polished look worthy of the silver screen, simply follow these steps:

**Prep**  
Protect your hair from heated styling tools to stop it from looking dry and lacklustre. I love the heat protector Ciment Thermique by Kérastase.

**Style**  
However you decide to set your hair, you want to know it is going to keep its volume and curl once it's dry. To achieve this always use a styling product to add volume and to hold your Hollywood curls in shape.

For Bridget Bardot-worthy volume I love Small Talk from the TIGI Bedhead range. For best results apply to towel-dried hair after you've used your heat protector and begin styling. This product adds maximum volume and bounce to all hair types by thickening the hair from roots to tips, with fantastic hold and texture.

**Finish**  
Once you've got your super glamorous up do in place, you'll want to ensure that it stays put all day and into the night, and so a decent hairspray is an essential addition to your dressing table. I swear by Design Fix by L'Oreal professional Tecni.art, which not only tames even the most stubborn flyaway hairs, but also adds a glamorous, glossy shine.



### Red-carpet ready

**Q** I loved Blake Lively's flawless features at the Met Gala earlier this year – how can I recreate that look for my big day?

**A** *Jane says:* Blake chose a modern-vintage look with a smoky eye, lush lashes and

strong muted dark pink lips. Start by applying an eye make-up primer to your eyelids for long-lasting coverage. Follow by covering your eyelids with a base coat that matches your skin tone and then apply a pinky, brown eyeshadow all over your lids up to your eye socket, blending along the way. Then, for maximum glamour, apply a highlighter to the inner corners of your eyes and along your brow bone.

Using a black gel eyeliner – I'd recommend Nars Eye Paint – line your upper lashline. Apply two coats of black waterproof mascara and add a few medium length faux eyelashes to the outer corners of your eyes. Then apply further mascara to blend the lashes together. To achieve dramatic lips, use a liner (Nars Salsa is a lovely colour for this look) and then apply a muted dark pink shade of lipstick, such as L'Oreal's Spring Rosette.

### A SPOT OF BOTHER

**Q** All of the stress of planning my wedding has started to show on my skin – what products do you recommend to tame the spots or cover them up all together?

**A** *Shahida says:* To tame spots I'd recommend using turmeric. You can buy a small sachet from an Asian grocery store or any large supermarket in the spices section. All you need to do is take a small amount on a dish and add some milk to form a thick paste consistency. Then you can apply it all over your face as a mask or just on the affected area. Leave it on for a few minutes and then wash with your regular facial wash. I recommend doing this a few times a week before bedtime to calm the affected area.

If you want to cover your spots, you can use any concealer on the area before you apply your foundation. I use the MAC orange-tone concealer on my Asian brides as this covers up the spots well and then apply foundation on top. I also use concealer to effectively hide dark circles under the eyes and on any pigmented areas.

Contact our experts

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